

# Adams Council on Aging

## Advisory Board Meeting

Monday, May 1, 2023

2:00-3:00 PM

3 Hoosac St Adams, MA 01220

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23 APR 25 PM 2:53  
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### AGENDA

#### 1. Call to order

#### 2. Reading and acceptance of minutes

April 2023

#### 3. Program/Outreach Report

##### a. Recent Events

4/6 Crafts w/ Izzie- Egg Decorating; 4/10 Discounted Haircuts with Meraki; 4/11 Mobile Food Bank; 4/11 Caregiver Support Group; 4/12 Bingo; 4/14 Sit-down Breakfast; 4/15 Bus Trip to MGM in Springfield & Buddy Holly Show in West Springfield, \$110- SOLD OUT; 4/19 Movie: The Founder; 4/20: Belly Dancing; 4/25 Mobile Food Bank; 4/26 MCOA Small & Rural COA Conference; 4/28 Brown Bag; 4/28 Volunteer Recognition Luncheon

##### b. Upcoming Events/Programs

May: **Older Americans Month**; 5/1 Annual Town Elections; 5/4 Cinco de Mayo lunch; 5/9 Mobile Food Bank; 5/9 Caregiver Support Group; 5/11 Mother's Day Linen Lunch, music by Lighten Up; 5/15 Mother's Day Massages; 5/17 Staff at Adams Housing Authority Outreach Event; 5/19 Coffee w/ Chief Kelley; 5/22 Ventfort Hall Tour, cost \$20 for lunch, Friends paying \$15 for tour; 5/23 Mobile Food Bank; 5/24: Movie- A Man Called Otto; 5/26 Brown Bag; 5/26 Second Chance Stables & Draft Rescue; 5/31 Memorial Day Picnic Lunch & Speaker Kevin O'Hara

June: 6/7 MCOA Board Training; 6/7 Annual Town Meeting; 6/8 Western MA Elder Care Conference; 6/12 BaneCare Bingo & Ice Cream Social; 6/13 Mobile Food Bank; 6/13 Caregiver Support Group; 6/15 Father's Day Linen Lunch; 6/19 CLOSED for Juneteenth Holiday; 6/21 The Longest Day; 6/23 Dutch Apple Cruise; 6/23 Brown Bag; 6/27 Mobile Food Bank; 6/30 Cabaret at Barrington Stage \$57.60/pp

July: 7/11 Mobile Food Bank; 7/12 Million Dollar Quartet at The Colonial, Friends paying \$40 toward \$75 ticket cost; 7/25 Mobile Food Bank; 7/28 Brown Bag

#### 4. Old Business

##### a. Meal Site Coordinator Position

##### b. Adams Visitor Center Desk Volunteers: COA staffing for June 24 & 25

c. Website Update review

d. Conflict of Interest Training

5. New Business

a. Rita's Rides- Cycling Without Age

6. Friends of the ACOA report

7. Member items

8. Next meeting: Monday, June 5, 2023

9. Adjournment