

Adams Council on Aging

Advisory Board Meeting

Monday, March 4, 2024

2:00-3:00 PM

3 Hoosac St Adams, MA 01220

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TOWN CLERK
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AGENDA

1. Call to order

2. Reading and acceptance of minutes

February 2024

3. Program/Outreach Report

a. Recent Events

February: AARP Tax Aide Program on Mondays and Thursdays 9am-1pm; Matter of Balance Program on Mondays and Wednesdays 9-11am by Barb and Izzie; ~~2/5 Shelf Stable Soup~~, COA Board Meeting; 2/7 Friends Meeting, ~~Chair Massage~~; 2/13 Mardi Gras Lunch; MFB, Caregiver Support Group; 2/14 Grief Support Group; 2/15 Cash Bingo; 2/19 Closed for Presidents' Day; 2/20 Foot Care and BP Clinics, 2/23 Brown Bag; 2/26 Winter Wellness Seminar; 2/27 MFB, ~~Pottery Craft Part 1~~; 2/29 Leap Day, ~~Pottery Craft Part 2~~, Clay Play Craft.

b. Upcoming Events/Programs

March: AARP Tax Aide Program on Mondays and Thursdays 9am-1pm; Art w/ Donna resumes Mondays at 1pm, 3/1 Matter of Balance Graduation; 3/4 Read Across America Day, COA Board Meeting; 3/5 Davis Bates Irish Songs & Stories; 3/6 Friends Meeting – election of new President; 3/7 Slam the Scam w/ St. John Law; 3/11 Encore Casino Bust Trip; 3/12 Mobile Food Bank, Caregiver Support Group; 3/13 Partnership Kick-Off w/ Adams Housing Authority, Living w/ Loss Support Group; 3/14 St. Patrick's Day Linen Lunch; 3/18 Social Group; 3/19 Foot Care/BP clinics, Cabin Fever Intergenerational Lunch w/ BART Student Chorus; 3/20 Cash Bingo; 3/22 Brown Bag; 3/23 Thunderfest @ AVC; 3/25 Aquaponics Tour at House of Correction; 3/26 Mobile Food Bank, Tea w/ Strangers at The Daily Grind; 3/27 Drumming, 3/28 Egg Color Craft w/ Izzie

April: AARP Tax Aide Program on Mondays and Thursdays 9am-1pm through 4/8/24; 4/1 COA Board Meeting; 4/3 Friends Meeting; 4/9 Possible Hot Dog Picnic for Red Sox Opening Day, Mobile Food Bank, Caregiver Support Group; 4/10 Living w/ Loss Support Group; 4/15 Closed for Patriot's Day; 4/16 Foot/BP Clinics, 4/23 St. John Law Consults, Mobile Food Bank; 4/26 Brown Bag, Volunteer Recognition Luncheon at Zucchini's; 4/30 Bus Trip to Chicopee- Polish Museum, Lunch at Munich Haus, Stop at Bernat's Deli

4. Old Business

- a. Volunteer drivers for the Rogue
- b. Community Round Table Follow Up by Bruce
- c. State Ethics Conflict of Interest Training- Reminder for those who haven't completed it

5. New Business

- a. Bruce Shepley: How does the COA promote ourselves?
- b. Bruce Shepley: Should the COA have a table at Thunderfest?
- c. Spectrum News Highlight of COA's collaboration with Heart and Soil Soup Program

6. Friends of the ACOA report

7. Member items

8. Next meeting: Monday, April 1st at 2pm

9. Adjournment