

Adams Council on Aging

Advisory Board Meeting

Monday, November 6, 2023

2:00-3:00 PM

3 Hoosac St Adams, MA 01220

AGENDA

1. Call to order

2. Reading and acceptance of minutes

October 2023

3. Program/Outreach Report

a. Recent Events

October: 10/6 Adams Historical Society Presentation; 10/8-9 RambleFest; 10/9 COA CLOSED; 10/10 Mobile Food Bank; 10/10 Caregiver Support Group; 10/11-10/13 MCOA Fall Conference in Danvers; 10/11 Craft w/ Deb G; 10/11 Living with Loss Support Group; 10/16 In It Together Social Group; 10/17 Foot Care & BP Clinics; 10/18 BINGO w/ Williamstown and North Adams Commons Admissions; 10/18 Friends Meeting; 10/18 Adams Food Pantry at First Congregational Church; 10/19 Chair Massages; 10/19 nbCC Working On Wellness (WOW) Workshop- Fire Cider; 10/24 Mobile Food Bank; 10/25 Magnetic Poetry Class w/ Izzie; 10/27 Brown Bag; 10/27 – 10/29 Pumpkin Walk at AVC; 10/31 Costume Party and “I Scream” Social w/ Amedysis

b. Upcoming Events/Programs

November: 11/1 Holiday Party Planning Meeting; 11/2 CPR/First Aid Training for staff; 11/6 BINGO at Sweetwood; 11/7 ESBC Lunch & Learn “Nutrition Myths De-Bunked”; 11/8 Veterans Day Event, Living After Loss Support Group, AARP Tax Aide Volunteer Fair; 11/9 Closing at Noon; 11/10 Closed; 11/13 Bus trip to MGM SOLD OUT; 11/13 Meraki Discounted Haircuts; 11/14 Mobile Food Bank, Caregiver Support Group; 11/15 Bingo w/ HNE, FCC Food Pantry; 11/16 Thanksgiving Linen Lunch, Chair Massages; 11/20 Shelf Stable Soup Discussion w/nbCC WOW Workshops, Brown Bag (day & time change due to Thanksgiving); 11/21 Foot & BP Clinics, Craft w/ Izzie; 11/22 Closing at noon; 11/23 & 24 Closed; 11/27 Lunch w/ Moon Pies, Social Group; 11/28 Mobile Food Bank; 11/29 Meal Site Volunteer Food Safety Training from ESBC, Hospice Remembrance Ceremony; 11/30 Retirement Party for John Naughton

December: 12/1 NBSWMD & Composting; 12/6 Craft w/ Izzie; 12/7 follow up to Fire Cider WOW Workshop w/ nbCC; 12/11 Brown Bag (day & time change due to Thanksgiving); 12/12 Mobile Food Bank, Caregiver Support Group, Holiday Party at Bounti Fare; 12/13 Bingo w/ Kayla from the Commons; 12/14 Holiday Lunch from Elder Services, Possible Hazard Mitigation Plan Public meeting w/ Town contractor; 12/19 Foot Care and BP Clinics, Sounds & Soup Event; 12/20 Friends Holiday Tea; 12/22 Closed; 12/25 Closed; 12/26 Mobile Food Bank Canceled by Food Bank

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4. Old Business

- a. New COA Van Drivers David Ronnow and Greg Trottier
- b. Service Incentive Grant due 11/9/23
- c. Holiday Party Tue 12/12/23 at Bounti Fare

5. New Business

- a. Retirement of COA Van Driver John Naughton
- b. MCOA Conference Review

6. Friends of the ACOA report

7. Member items

8. Next meeting: Monday, December 4th at 2pm

9. Adjournment