

Adams Council on Aging

Advisory Board Meeting

Monday, October 2, 2023

2:00-3:00 PM

3 Hoosac St Adams, MA 01220

AGENDA

1. Call to order

2. Reading and acceptance of minutes

September 2023

3. Program/Outreach Report

a. Recent Events

September: **National Senior Center Month!** 9/1 Nonagenarian (90+) Birthday Party at Bounti-Fare; 9/6 Presentation from MA Behavioral Health Line; 9/6 Friends Meeting; 9/8 Musical Bingo; 9/11 BINGO w/ Sweetwood; 9/11 Drumming; 9/12 Mobile Food Bank; 9/12 Caregiver Support Group; 9/13 Craft w/ Izzie; 9/13 Living with Loss Support Group; 9/14 Chair Massages; 9/18 Meraki Discounted Hair Cuts; 9/18 Art w/ Donna returns; 9/19 Foot Care & BP Clinics; 9/19 Craft w/ Williamstown & North Adams Commons Admissions; 9/20 Presentation from nbCC Community Health Worker; 9/22 Brown Bag; 9/25 Linen Lunch; 9/26 Mobile Food Bank; 9/27 Pizza & Salad Lunch w/ COA Staff; 9/27 Gen Silent Documentary Screening & Discussion Group w/ Rainbow Seniors of Berkshire County, Adams Free Library, and Kanopy; 9/29 Adams Historical Society Presentation; 9/30 Walk to End Alzheimer's at the AVC

b. Upcoming Events/Programs

October: 10/6 Adams Historical Society Presentation; 10/8-9 RambleFest; 10/9 COA CLOSED; 10/10 Mobile Food Bank; 10/10 Caregiver Support Group; 10/11-10/13 MCOA Fall Conference in Danvers; 10/11 Craft w/ Deb G; 10/11 Living with Loss Support Group; 10/16 In It Together Social Group; 10/17 Foot Care & BP Clinics; 10/18 BINGO w/ Williamstown and North Adams Commons Admissions; 10/18 Friends Meeting; 10/18 Adams Food Pantry at First Congregational Church; 10/19 Chair Massages; 10/19 nbCC Working On Wellness (WOW) Workshop- Fire Cider; 10/24 Mobile Food Bank; 10/25 Magnetic Poetry Class w/ Izzie; 10/27 Brown Bag; 10/27 – 10/29 Pumpkin Walk at AVC; 10/31 Costume Party and "I Scream" Social w/ Amedysis

4. Old Business

a. Volunteer Form and Website Review- Volunteer Form approved by town counsel, Website Updates to be completed by end of calendar year.

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ADAMS MASS.
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- b. Volunteers needed for: Adams Food Pantry at First Congregational Church 3rd Wednesdays 5-7pm, target start date of 10/18/23; AARP Tax Aide Program, Adams at risk of not being able to host it because AARP does not have volunteers tax preparers or intake workers
- c. Mobile Food Bank and Brown Bag time changes due to Food Bank of Wester MA move to Chicopee MFB still 2nd & 4th Tuesday, but now at 12:30pm; Brown Bag delivery now at 11am instead of 10am.
- d. New COA Van Drivers David Ronnow and Greg Trottier
- e. EOEA FY24 State Formula Grant

5. New Business

- a. TRIAD Group
- b. Diversity Awareness Month, April 2024
- c. Memorial Building Update
- d. Possible Grants:
 - Cultural Council Grant Deadline is October 17, 2023 for FY 2024
 - Service Incentive Grant (SIG) Funding Deadline November 9, 2023 for FY 2024
- e. Holiday Party December 12th at Bounti Fare

6. Friends of the ACOA report

7. Member items

8. Next meeting: Monday, November 6th at 2pm

9. Adjournment