

Adams Council on Aging

Advisory Board Meeting

Monday, October 3rd, 2022

2:00-3:00 PM

3 Hoosac St Adams, MA 01220

AGENDA

1. Call to order

2. Reading and acceptance of minutes

August 2022

3. Program/Outreach Report

a. Recent Events

August – Farmers Market Coupons received; Lions Club Picnic; Historical Tour of Adams; Log Cabin Bus Trip for Elvis, Rod Stewart, and Lobster dinner; Fraud and Scams Presentation; Pizza and Salad Luncheon; 1st Belly Dancing Class.

Sept – National Senior Center Month; Grandparents Day Luncheon; Dance Yoga; Drumming; Fall Luncheon; Nonagenarian Birthday Party at Bounti Fare; Tick Bite Prevention & Care, BP Screening, and Vaccination Clinic; Adams COA featured in independent Savoy Newsletter “The Crow”

b. Upcoming Events/Programs

October: 10/1- Walk to End Alzheimer’s at AVC; 10/3- Apple Picking sponsored by the Friends; 10/5 & 19 Dance Yoga; 10/11- Crafts w/ Izzie; 10/12 & 26 Drumming; 10/14- VT Country Store Bus Trip; 10/17- Belly Dancing; 10/19-21 MCOA Conference; 10/27- Halloween Linen Lunch; 10/28 Pumpkin Carving; 10/29-30 Pumpkin Walk at AVC; 10/31- Halloween Costume Party lunch; Medicare Open Enrollment 10/15-12-7

November: Medicare Open Enrollment all month; 11/2 & 16 Drumming; 11/10- Veterans Day Luncheon; Thanksgiving Linen Lunch 11/17; CLOSED for Thanksgiving 11/24-25.

4. Old Business

a. Update on Memorial Building

5. New Business

a. Holiday Party at Bounti Fare Tue 12/6

6. Friends of the ACOA report

7. Member items

8. Next meeting : Monday, November 7th

9. Adjournment

22 SEP 27 11:13 AM
ADAMS COUNCIL ON AGING