

Adams Council on Aging

Advisory Board Meeting

Monday, February 6, 2023

2:00-3:00 PM

3 Hoosac St Adams, MA 01220

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TOWN CLERK  
ADAMS MASS.

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AGENDA

1. Call to order

2. Reading and acceptance of minutes

January 2023

3. Program/Outreach Report

a. Recent Events

November: Medicare Open Enrollment all month; 11/2 & 16 Drumming, 11/18 Drumming Showcase; 11/9 Dried Fruit Ornament Craft; 11/10- Veterans Day Luncheon; Thanksgiving Linen Lunch 11/17; 11/21 Brown Bag Volunteer Bagging; 11/22 Brown Bag pick up during and after Mobile Food Bank; 11/30 Tick Bite and BP Cuff Clinic.

December: Frozen Grab & Go Lunches 12/2,5,6 due to Elder Services Kitchen Renovation; 12/6 Northern Berkshire HUB Table Stakeholders' Meeting; 12/6 Holiday Party at Bounti-Fare; 12/7 Friends of the ACOA Holiday Tea Party; 12/13 Mobile Food Bank and CHP Mobile Health Unit; 12/14 Holiday Bingo; 12/15 Holiday Linen Lunch, BART students caroling; 12/19 Brown Bag- bagging 1-2pm, pick up 2-3pm; 12/21 Crafts w/ Izzie- Cookie Decorating postponed to January; 12/27 MFB canceled.

January: 1/4 New Years Pizza Party; 1/10 MFB; 1/11 Bingo; 1/12 Adams Housing Authority Social/Outreach; 1/18 Crafts w/ Izzie- Cookie Decorating; 1/19 Linen Lunch; 1/24 MFB; 1/25 Belly Dancing; 1/25 & 1/26 Driver Trainings, limit on rides those days; 1/26 Movie- Where the Crawdads Sing; 1/27 Brown Bag.

b. Upcoming Events/Programs

February: AARP Tax Appointments Mondays and Wednesday 9am-1pm starting 2/15 through early 4/15; 2/1 Friends Meeting; 2/6 Board Meeting; 2/8 Bingo; 2/10 Coffee w/ the Chief (rescheduled from 1/20); 2/10- Card Making Class w/Carleen Butler and Lynda Bianchi; 2/12-19 Random Acts of Kindness Week; 2/14 MFB, Linen Lunch; 2/15 Crafts w/

Izzie- Kindness Rocks; 2/16 Movie: Elvis; 2/17 Random Acts of Kindness Day; 2/21 Mardi Gras Luncheon; 2/22 Drumming Class; 2/23 Belly Dancing; 2/24 Brown Bag; 2/28 MFB

Trips: March 14<sup>th</sup> St. Patrick's Day Show at the Delany House in Holyoke, \$98; April 3<sup>rd</sup> Ventfort Hall in Lenox, cost TBD; April 15<sup>th</sup> MGM in Springfield & Buddy Holly Show in West Springfield, \$110.

#### 4. Old Business

- a. Update on Memorial Building
- b. Possible Open Board positions
- c. COA Advisory Board By-Laws

#### 5. New Business

- a. 2022 COA Statistics
- b. FY 2024 Budget Process
- c. Meal Site Coordinator

#### 6. Friends of the ACOA report

#### 7. Member items

#### 8. Next meeting: Monday, March 6<sup>th</sup>

#### 9. Adjournment