

Adams Council on Aging
Advisory Board Meeting

Monday, February 5, 2024

2:00-3:00 PM

3 Hoosac St Adams, MA 01220

AGENDA

1. Call to order

2. Reading and acceptance of minutes

December 2023

3. Program/Outreach Report

a. Recent Events

December: 12/1 NBSWMD & Composting; 12/5 CHP Vaccine Clinic; 12/6 Craft w/ Izzie; 12/7 follow up to Fire Cider WOW Workshop w/ nbCC; 12/7 Holiday Party volunteer meeting; 12/11 Brown Bag (day & time change due to holidays), Return of Karen DeOrdio/SHINE; 12/12 Mobile Food Bank, Caregiver Support Group, Holiday Party at Bounti Fare, Office closing at 2:30pm; 12/13 Bingo w/ Kayla from the Commons, Grief Support Group; 12/14 Holiday Lunch from Elder Services, BART Student Chorus, Hazard Mitigation Plan Public meeting w/ Town contractor; 12/18 Social Group; 12/19 Foot Care and BP Clinics, Sounds & Soup (& Pie) Event; 12/20 Town Staff Holiday Party, Friends Holiday Tea; 12/22 Closed; 12/25 Closed; 12/26 Mobile Food Bank Canceled by Food Bank; ~~12/28 NYE Lunch w/ Mocktails and music by Lighten Up, Toast to Chuck Gebauer's last day.~~ Canceled due to COVID and other virus concerns.

b. Upcoming Events/Programs

January: 1/3 Pizza Party, Friends Meeting Canceled; 1/4 McCann Tech BP Clinic; 1/8 COA Board Meeting, 1/9 MFB, Caregiver Support Group; 1/10 Craft w/ Deb (Cigar Boxes), Grief Support Group; 1/11 St. John Law Free Consults, ~~McCann Tech BP Clinic~~; 1/15 Closed for MLK Jr Day; 1/16 Foot Care & BP Clinics; 1/17 Tax Schedule Open for Sign Ups, Drumming; 1/18 ~~McCann Tech BP Clinic~~, New Years Linen Lunch w/ Mocktails and music by Lighten Up, Chair Massages; 1/22 Movie: Maestro; 1/23 MFB, 1/26 Brown Bag, 1/29 Social Group; 1/31 Crafts w/ Izzie (Sock Snowmen)

February: AARP Tax Aide Program on Mondays and Thursdays 9am-1pm; Matter of Balance Program on Mondays and Wednesdays 9-11am by Barb and Izzie; 2/5 Shelf Stable Soup, COA Board Meeting; 2/7 Friends Meeting, Chair Massage; 2/13 Mari Gras Lunch; MFB, Caregiver Support Group; 2/14 Grief Support Group; 2/15 Cash Bingo; 2/19 Closed for Presidents' Day; 2/20 Foot Care and BP Clinics, 2/23 Brown Bag; 2/26 Winter Wellness Seminar; 2/27 MFB, Pottery Craft Part 1; 2/29 Leap Day, Pottery Craft Part 2.

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4. Old Business

- a. Holiday Party Tue 12/12/23 at Bounti Fare
- b. Roundtable Discussion on programs/initiatives for 2024

5. New Business

- a. Elder Services Advisory Council
- b. Stop & Shop Bloomin' 4 Good Program Nonprofit Partner for February 2024: Adams CoA Food Programs will receive \$1 for each specially marked \$10.99 Bloomin' 4 Good bouquet sold during that month.
- c. Volunteer drivers for the Rogue
- d. Community Round Table
- e. State Ethics Conflict of Interest Training

6. Friends of the ACOA report

7. Member items

8. Next meeting: Monday, March 4th at 2pm

9. Adjournment