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# Adams Council on Aging

# **Advisory Board Meeting**

Wednesday, January 18, 2023

2:00-3:00 PM

3 Hoosac St Adams, MA 01220

### **AGENDA**

- 1. Call to order
- 2. New Business
  - a. Board Member Officers and open board positions, Review of COA Advisory Board By-Laws
  - b. Ideas / Brainstorming for 2023
- 3. Reading and acceptance of minutes

November 2022

No quorum for December 2022 meeting, so no minutes

- 4. Program/Outreach Report
  - a. Recent Events

November: Medicare Open Enrollment all month; 11/2 &16 Drumming, 11/18 Drumming Showcase; 11/9 Dried Fruit Ornament Craft; 11/10- Veterans Day Luncheon; Thanksgiving Linen Lunch 11/17; 11/21 Brown Bag Volunteer Bagging; 11/22 Brown Bag pick up during and after Mobile Food Bank; 11/30 Tick Bite and BP Cuff Clinic.

December: Frozen Grab & Go Lunches 12/2,5,6 due to Elder Services Kitchen Renovation; 12/6 Northern Berkshire HUB Table Stakeholders' Meeting; 12/6 Holiday Party at Bounti-Fare; 12/7 Friends of the ACOA Holiday Tea Party; 12/13 Mobile Food Bank and CHP Mobile Health Unit; 12/14 Holiday Bingo; 12/15 Holiday Linen Lunch, BART students caroling; 12/19 Brown Bag- bagging 1-2pm, pick up 2-3pm; 12/21 Crafts w/ Izzie- Cookie Decorating postponed to January; 12/27 MFB canceled.

January: 1/4 New Years Pizza Party; 1/10 MFB; 1/11 Bingo; 1/12 Adams Housing Authority Social/Outreach;

## b. Upcoming Events/Programs

January: 1/18 Crafts w/ Izzie- Cookie Decorating; 1/19 Linen Lunch; 1/20 Coffee with Police Chief Kelley; 1/24 MFB; 1/25 Belly Dancing; 1/25 & 1/26 Driver Trainings, limit on rides those days; 1/26 Movie- Where the Crawdads Sing; 1/27 Brown Bag.

February: AARP Tax Appointments Mondays and Wednesday 9am-1pm starting 2/15 through early April; 2/1 Friends Meeting; 2/6 Board Meeting; 2/8 Bingo; 2/12-19 Random Acts of Kindness Week; 2/14 MFB, Linen Lunch (possible entertainment); 2/15 Crafts w/ Izzie- Kindness Rocks; 2/17 Random Acts of Kindness Day; 2/21 Mardi Gras Luncheon; 2/22 possible Drumming Event; 2/23 Belly Dancing, Medical CBD Presentation

### 5. Old Business

- a. Update on Memorial Building
- 6. Friends of the ACOA report
- 7. Member items
- 8. Next meeting: Monday, February 6th
- 9. Adjournment