

Adams Council on Aging Advisory Board (ACOAAB)

MEETING MINUTES

Monday, June 5, 2023

2:00 PM

3 Hoosac St., Adams, MA 01220

CLERK

TOWN CLERK
ADAMS MASS.

23 SEP - 6 PM 3:45

RECEIVED-POSTED

Members Present: Bruce Shepley, Chair; Aleta Moncecchi, Vice Chair, Elizabeth Mach, Secretary, Benjamin Acquista; Leona Meczywor; Pam St. John; Mary Whitman; Barbara Ziemba

Excused Absents: Thomas Dubis

Also Present: Sarah Fontaine, ACOA Director; Barbara Proper, ACOA Outreach Coordinator; Lynda Bianchi, President of the Friends of ACOA

Meeting Documents: Agenda; Meeting Minutes (May 1, 2023)

1. **CALL TO ORDER/QUORUM:** Chair B. Shepley called to order the regular meeting of the ACOAAB at 2:00 pm. Roll call was conducted and a quorum was confirmed.
2. **REVIEW /APPROVAL OF MINUTES:** Minutes of the May 1, 2023 meeting were submitted for approval. A motion to approve the minutes as submitted was moved by A. Moncecchi and seconded by B. Ziemba. The motion passed unanimously.
3. **PROGRAM/OUTREACH REPORT:**
 - A. **Recent Events Review:** A report of recent events was presented by S. Fontaine, the ACOA Director.

May: Older Americans Month; 5/1 Annual Town Elections; 5/4 Cinco de Mayo lunch; 5/9 Mobile Food Bank; 5/9 Caregiver Support Group; 5/11 Mother's Day Linen Lunch, music by Lighten Up; 5/15 Mother's Day Massages; 5/17 Staff at Adams Housing Authority Outreach Event; 5/19 Coffee w/ Chief Kelley; 5/22 Ventfort Hall Tour, cost \$20 for lunch, Friends paying \$15 for a tour; 5/23 Mobile

Food Bank; 5/24: Movie- A Man Called Otto; 5/26 Brown Bag; 5/26 Second Chance Stables & Draft Rescue; 5/31 Memorial Day Picnic Lunch & Speaker Kevin O'Hara

- B. Upcoming Events/Programs Review:** A report regarding upcoming events was presented by S. Fontaine, ACOA Director.

June: 6/6 Building closed- no water service; 6/7 MCOA Board Training; 6/7 Friends Meeting; 6/7 Annual Town Meeting; 6/8 Building closed- staff at Western MA Elder Care Conference; 6/9 Drumming class; 6/12 BaneCare Bingo & Ice Cream Social; 6/13 Mobile Food Bank; 6/13 Caregiver Support Group; 6/14 Crafts w/ Izzie- Faerie Crowns and Wreaths; 6/15 Father's Day Linen Lunch; 6/19 CLOSED for Juneteenth Holiday; 6/20 Foot Care & BP Clinics; 6/21 The Longest Day; 6/22 Chair Massages \$20; 6/23 Dutch Apple Cruise; 6/23 Brown Bag; 6/26 Meraki Discounted Hair Cuts; 6/26 Pride Documentary & Discussion- "Stonewall Uprising"; 6/27 Mobile Food Bank; 6/28 Movie: Beginners; 6/30 Cabaret at Barrington Stage \$57.60/pp

July: 7/5 Friends Meeting; 7/10 Home & Fire Safety for Seniors; 7/11 Mobile Food Bank; 7/11 Caregiver Support Group; 7/12 Million Dollar Quartet at The Colonial- Adams COA tickets SOLD OUT; 7/13 Pizza Luncheon w/ Oasis Senior Care; 7/18 Foot & BP Clinics; 7/24 Meraki Discounted Hair Cuts; 7/25 Mobile Food Bank; 7/28 Brown Bag

August: 8/2 Friends Meeting; 8/8 Mobile Food Bank; 8/8 Caregiver Support Group; 8/15 Taco Tuesday w/ HNE; 8/17 Lions Club/COA Senior Picnic; 8/21 Senior Citizens Day; 8/22 Mobile Food Bank; 8/25 Brown Bag; 8/28 Meraki Discounted Hair Cuts

4. OLD BUSINESS:

No unfinished business was carried over from previous meetings.

5. NEW BUSINESS:

A. ACOA Volunteer Opportunities:

ACOA volunteers share a passion for helping others and work alongside staff to provide important services. Current needs for volunteers include; rogue car drivers, office phone coverage, and Rita's Ride bike drivers.

B. ACOA Advisory Board Meetings July, August, and September

The ACOA Advisory Board will take a two-month summer hiatus from meetings in July and August 2023. Due to the Labor Day holiday, the next ACOAAB regular meeting will be moved to Mon., September 11, 2023.

6. FRIENDS OF THE ACOA REPORT:

An update was presented by L. Bianchi, President of the Friends of ACOA. The ACOA Friends thanked and expressed gratitude to the ACOA for its ongoing support. The ACOA Friends are currently planning the nonagenarian luncheon logistics and details. In addition, the ACOA will advise the Friends of COA of its role and support requested for the annual Holiday Party.

The next meeting of the Friends of ACOA will be held on Wed., June 7, 2023, at 1 pm.

7. MEMBER ITEMS:

Item 1: ACOA Volunteer Application

Application draft was presented including emergency contact information, a photo release for marketing purposes plus background checks, and a privacy statement.

Item 2: Casino Trip

Interest expressed for a casino trip in November 2023 vs. the Country Jamboree travel. Travel planning being coordinated with other local COAs. The travel refund policy discussed.

Item 3: Website Review

ACOA content worksheet is under review for website accuracy, relevance, and next steps.

Item 4: Adams Visitors' Center Desk Volunteers

ACOA will staff the Visitors' Center information desk during the weekend of June 24 & 25, 2023.

8. NEXT MEETING: ACOAAB's next meeting will be Mon., September 11, 2023, at 2:00 pm.

9. ADJOURNMENT: A motion was moved by P. St. John to adjourn and seconded by A. Moncecchi.

The motion passed unanimously. The meeting adjourned at 2:40 pm.