

988 SUICIDE & CRISIS LIFELINE

[Revised 17 October 2023]

Important information regarding your privacy & possible emergency:

Lifeline does not record your call nor use GPS to find your location.

The nearest national call center associated with your area code will answer.

For immediate in-person assistance, give the operator your location ASAP.

You will then be transferred to the nearest Response Center in your area.

The 988 Lifeline can be reached by phone, text, or chat (<https://988lifeline.org/chat/>)

Description: The 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. The Lifeline is comprised of a national network of over 200 local crisis centers, combining custom local care and resources with national standards and best practices.

Website: <https://988lifeline.org/about/> for more information